

Aug / Sep
2025

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Tostock Chronicle

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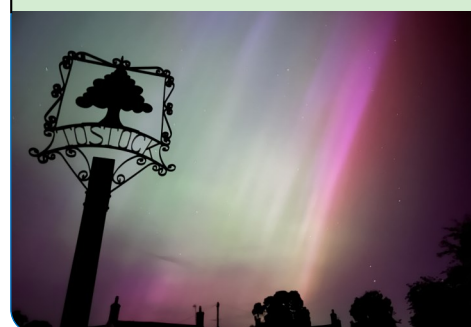
Get the latest on news and events, a digital copy of the Chronicle, and a village map, all online

The **Tostock Summer Fete** was a memorable day, and well attended. Likewise the **Treasure and Teas** was enjoyable (especially by my son, who won the quiz).



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Coming Soon

Tostock Art Show — Saturday 30th and 31st August, at the Church

Regulars

Past & Present — Every 1st Tuesday of the month from 7.30 pm in the village hall

Coffee Mornings — Every 2nd Tuesday of the month from 10.30 am. In the village hall.

Bingo — Every last Tuesday of the month from 2.00 pm in the village hall

Mobile Library

The mobile library will be in Tostock on **August 8th** and **September 5th** at the following times

Perkins Way 15:40 - 16:00
The Gardeners Arms 16:05 - 16:25

Allotment Plots

There are some vacant allotment plots available to let. Please contact Mrs Sharon Markell Tel 07891 467273 for more information.

Sharon Markell

Advertising

Parish Clerk clerk@tostock-pc.gov.uk

Rates Quarter Page £90 pa
Half Page £160 pa

Next Edition

Oct / Nov 2025

Please may I have your contributions on or before **4th SEPTEMBER**.

kim.mars84@gmail.com

07950 682 499

Please note the much earlier closing time for this issue



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P & P, December



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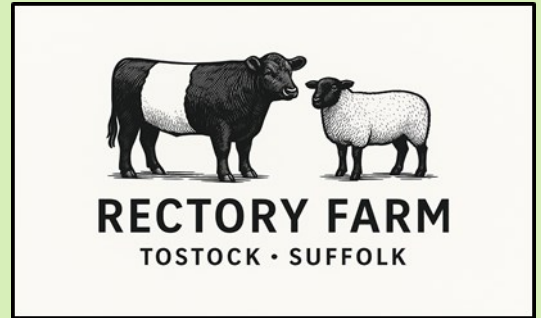
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Tostock STEM Club

John Parnum
STEM Ambassador

I will be running another **Tostock STEM Club** at our Village Hall on Saturday 25th October. This will be for children 6 to 12 years and will be free of charge. Activities will include experimenting with various Robots, Understanding how a lock works, Water rockets, Catapults, Microscopes, Balloon car with timing track. If you would like your child to take part or you can offer adult help please contact me by email. johnparnum@yahoo.com

Tostock Past & Present

John Parnum



Well after a sunny summer Tostock Past and Present Society resumes on **Tuesday September 2nd** when we welcome **Rick Lewis** who will talk to us all about **Wooden Oak Buildings**.

No need to be a member just pay £5 on the door. **All Welcome.**
Tostock Village Hall. 7:30pm.

St Andrew's Church Tostock

Benefice of Pakenham, Norton & Tostock with Great Ashfield, Hunston & Stowlangtoft

Rector Revd **Katherine Valentine** Tel 01359 235095

Email kavalentine677@gmail.com

Website for more details of all our churches - including
Tostock - see the national Church of England
website www.achurchnearyou.com

Our benefice Church magazine is also available online
at www.vcnews.org.uk



ALL CREATURES GREAT AND SMALL

Sunday 24th August 11am St Andrew's Tostock

All are welcome - pets and owners! - to this annual Pet Service where we give thanks for all animals and especially the ones that are so much part of our families. This service will be outside - weather permitting - so please bring a chair!

HARVEST FESTIVAL

Sunday 28th September 11am St Andrew's Tostock

Come and join in celebrating the Harvest and giving thanks for all God's gifts to us in creation and especially the food on our plates. You are invited to bring gifts of produce - imperishable please! - which will be offered up during the service and will go to the Bury Women's Aid centre with our love.

Our Fete on the Village Green on June 21st was a great success, although it was a very hot day. Many village people came to enjoy the games, stalls and teas and a number of visitors came along too. Lots of Ice-cream, and cold drinks were sold. The Green looked very festive, with bunting on all the stalls which were doing a lot of sales. "Books" were busy, "Plants" almost sold out, lots of previously "un-loved" "Teddy Bears" found loving new homes!

This was a joint effort by the Church and the Village Hall, but the wonderful organization of the day was mainly by Hannah Jones, with help from many others. Thanks to all who helped in any way to make it such a happy and enjoyable day! The proceeds of the fete have been shared between the Hall and the Church, both receiving £928.

In spite of a wet day, our Treasure Hunt in Church on July 19th was a great success. On arrival, people paid £1 for a Quiz Sheet, with 25 questions about items to be found in the Church, some easy, many difficult, but all fun! Teas were served to our competitors and friends, and at last a winner was declared - First was William Mars and Denise, Second was Jane Storey, and Third was Adrian Malcom. Thanks to all who took part, and to the weary Organizers! A special "thanks" to Roger Cross, who kindly brought a selection of his metal-detecting finds to display in Church.

Services at Romney Cottage, The Green, Tostock.

All are welcome to this informal worship where we sing and pray together for our village, and enjoy refreshments afterwards. Usually on the third Monday morning of the month at 10:00 am.

Songs of Praise 18th August & 15th September at 10am

St Andrew's Church Tostock

AUGUST 3RD 7TH SUNDAY AFTER TRINITY		
8am 10am	Holy Communion (BCP) Family@Church HOLIDAYS	Norton Pakenham
AUGUST 10TH 8TH SUNDAY AFTER TRINITY		
9.30 am 9.30 am 11:00 am	Holy Communion (BCP) Morning Worship Family Communion	Tostock Great Ashfield Pakenham
AUGUST 17TH 9TH SUNDAY AFTER TRINITY		
9.30 am 9.30 am 11:00 am 6:00 pm	Holy Communion Morning Worship Family Communion Evening Prayer & Praise	Pakenham Norton Great Ashfield Tostock
AUGUST 24TH 10TH SUNDAY AFTER TRINITY		
9.30 am 9.30 am 11:00 am 11:00 am	TOAST Holy Communion Pet Service Family Communion	Great Ashfield Hunston Tostock Norton
AUGUST 31ST 11TH SUNDAY AFTER TRINITY		
10:00 am	Benefice Communion	Stowlangtoft
SEPTEMBER 7TH 12TH SUNDAY AFTER TRINITY		
8.00 am 10:00 am	Holy Communion (BCP) Family@Church BACK TO SCHOOL	Norton Pakenham
SEPTEMBER 14TH 13TH SUNDAY AFTER TRINITY		
9.30 am 11.00 am 11:00 am	Holy Communion (BCP) HARVEST FESTIVAL Family Communion	Tostock Great Ashfield Pakenham
SEPTEMBER 21ST 14TH SUNDAY AFTER TRINITY		
9.30 am 11.00 am 3:30 pm 6:00 pm	Holy Communion (BCP) Family Communion HARVEST SONGS OF PRAISE Evensong	Pakenham Great Ashfield Norton Tostock
SEPTEMBER 28TH 15TH SUNDAY AFTER TRINITY		
9.30 am 9.30 am 11:00 am 11:00 am 3.00 pm	TOAST HARVEST FESTIVAL HARVEST FESTIVAL Family Communion HARVEST FESTIVAL	Great Ashfield Hunston Tostock Norton Stowlangtoft

Tostock Village Hall News

Our last Village Hall Committee Meeting took place on 24th June 2025. Our next Committee meeting takes place on Tuesday, 16th September 2025 at 7.30pm in the Village Hall.

Contact us via tostockvillagehall@outlook.com if you have any questions about the village hall and its outside space. For all booking enquiries, please email tostocktvh@hotmail.co.uk

TOSTOCK SUMMER FETE on The Green, Saturday, 21st June



Thank you to everyone who supported The Tostock Summer Fete, both to those who came out on the hot June afternoon, and to the many local village clubs/people who helped with the event. It was a real team effort and everyone's generosity in so willingly giving up their time to plan, run, as well as help set up the stalls was very much appreciated. It was great to have our local Rainbow & Brownies join us, as well as Norton Pre-School, and not forgetting to thank the Gardeners Arms for their support - a refreshing drink was especially welcome at the end of the afternoon. Sadly, it was very much the right decision to cancel the Dog Show due to the heat, but the good news is that the event is all planned and ready to run another year.

We are so grateful, too, for the kind donations that we received in the lead up to the day - ranging from plants for the fabulous plant stall, yummy cakes for the teas & coffee, super teddies for the tombola, interesting reads for the book stall, so many generous bottles for the tombola and the great raffle prizes. This all helped to make the afternoon such a success and enabled us to raise over £1800 - this money has been shared between the Church and the Village Hall and will be used for much needed maintenance and improvement work to these



Sign up NOW to be in the next draw of the Tostock Village Lottery – 100 Club. Quarterly entries to be set up by **1st September 2025**, see <https://tostock-pc.gov.uk/100-club/> for all details. Details of the six cash prizes paid out in the June 2025 draw area available on the Tostock Village Hall's Facebook page.

Village Hall Improvement Project – Update

A number of meetings have recently taken place to further discuss the Village Hall's Improvement Project. Having now received initial outline cost estimates for the full list of work approved by planning, we are focussing on the best way to prioritise the improvements that we can make to the building. The funding application process is progressing in conjunction with these decisions as we continue to work with a range of organisations and bodies who may be able to provide funding for the project. We are also working hard to raise over £2,000 in community fundraising this year – this has been significantly boosted by the Tostock Summer Fete which raised over £900, as well as the Tostock Village Lottery – 100 Club. This year's Tostock Art Show will also be a welcome contribution, as well as a very enjoyable Village Event.

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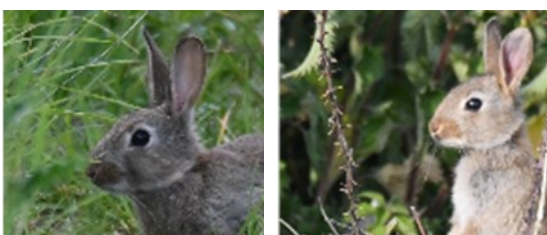
Bright eyes and cottontails, the earliest known record of rabbits in Britain in the 12th century since then, many new breeds have developed and today rabbit are one of the most popular types of pets. There are hardly any sounds that escape the pricked up ears of a rabbit. They also have an extremely well-honed sense of smell. The large eyes on the side of the head means that they have good all round vision and good twilight vision, although they struggle to discern colours apart from red and green. Young rabbits love to run around. The garden or some kind of fenced area provide the perfect environment for energetic racing, exploring and frolicking. Both male and females mark their territory through rubbing their scent glands under their chin. No two are alike from brown, beige, white or black to piebald, rabbits can be found in a whole host of colours. They also come in different sizes, the smallest pygmy rabbits fit right in the palm of your hand whereas the huge German giant weighs up to 9 kilograms. The length of a rabbits ear play a significant role in breeding. The drooping ears of a lop-eared rabbit may look cute but a detrimental effect on their otherwise excellent hearing. Hair length also varies from breed to breed. Soft fur, large eyes and long ears make rabbits especially popular with children – but they aren't cuddly toys. If they feel cornered or do not give them enough space they can become aggressive or shy.



Rabbits shed their coat twice a year. In Spring they molt their Winter coat and get their Summer one, in Autumn its the other way round. During this period the animals are incredibly sensitive. Their teeth must be checked on a regular basis so that those which are misaligned or too long can be spotted early enough. Nail clippers are required, every now and again their claws should be cut back since on soft ground rabbits aren't able to dig and wear them down themselves. Shavings with a layer of straw is a tried and tested bedding that should be changed once a week. The gestation period is 30 days. Usually between three and five juveniles, still without fur, will come into the world blind and open their eyes after 10-12 days. The mother suckles her young for up to four weeks. Always provide your rabbits with fresh feed and water each day. Fresh hay is always available and alongside this the animals get a mixture of pellets, oats, barley, sunflower seeds and dried bread.

Wild rabbits, a grey-brown colour and light coloured belly are typical of wild rabbits (*Oryctolagus Cuniculus*), the ancestor of our domestic rabbit. Its original habitat is the Iberian Peninsula. Spanish sailors took them onboard their ships as livestock and the animals thus made their way to different countries in Europe. It is probable that rabbits were first bred in the Middle ages in French Monasteries. Wild rabbits are smaller and more nimble than the large European Hare and also breed more prolifically. In the wild they live in groups with up to 30 animals with a clear hierarchy. They live in burrows or warrens which they dig themselves and that often have more

entry and exit points than group members, so the rabbits can quickly hide in case of danger. Wild rabbits are active at twilight and occasionally this when they venture into parks or your vegetable patches – so watch your carrots.

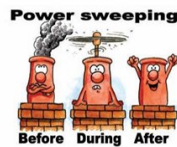


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Contacts in our Community

Tostock Parish Councillors

Jane Storey (Ch)	jane-storey@btconnect.com
Roger Cross (VH)	roger.cross64@icloud.com
David Blundell	tostock.design@btinternet.com
Michael Baully (Poors)	mikebaully@btinternet.com
Paul Callow	paul_callow@hotmail.com
Julian Kearsley (Finance)	juliankearsley@btinternet.com
Glenn Lebbon	glenn@oakparkproperties.co.uk
Andy Sharkey	andyshark123@yahoo.co.uk
Susan Smith	s.suesmiths@outlook.com

Village Officers

Parish Clerk	Doug Reed	clerk@tostock-pc.gov.uk
Tree Officers	Becky Smith	07813 273474
	Ben Smith	07989 330649
Footpath Officer	Andy Sharkey	andyshark123@yahoo.co.uk
Litter Picker	Oliver Holland	
Defibrillator	Daisie	07449 796030
	Caren	07971 204661

Poor's Estate

Sharon Markell	01359 271190
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St Andrews Church

Rector	
Katherine Valentine	kavalentine677@gmail.com 01359 235095
Church Wardens	
Jeanne O'Reilly	01359 270337
Barney Harrison	barneybees@hotmail.com
Bell Ringers	Sue Marriott 01359 270143

Village Hall

Chair	
Graham MacDowell	crispincottage@hotmail.com
Hall Bookings	
Doreen Buckle	tostocktvh@hotmail.co.uk 01359 270605

Clubs

Bingo	Diane Brewer	01359 271127
Book Club	Julie Harrison	01359 270247
Brownies	Krystie	07975 556448
Carpet Bowls	Doreen Buckle	01359 270605
Cribbage	Jim Debenham	07932 619106
Crochet	Sarah Reader	reader-family@tiscali.co.uk
Past & Present	John Parnum	johnparnum@yahoo.com
Rainbows	Krystie	07975 556448
Tennis Club		
Elizabeth Dunn	ejd1@talktalk.net	01359 270270
Susie Walton	susiewalton85@gmail.com	07793 406076

Village Map

<https://tostock-pc.gov.uk/our-village/tostock-village-map/>

TostockPC Website

Vacant

More details and the latest up to date information can be found on our village website.

www.tostock-pc.gov.uk

Community Services

Emergency Police/Fire/Ambulance 999

Utilities

Energy power failures & Emergencies	08007 838 866
Anglian water	08457 145 145

Health

Woolpit Health Centre	01359 240 298
Out of Hours	111
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Advice

Relate	01284 767 305
Samaritans (free call)	116 123
Drugs Hotline	0800 253 253
Citizens Advice Bureau	01284 753 675

Police

Non-emergency	101
Crime Stoppers	555

Councils

Suffolk County Council	03456 066 067
Mid Suffolk District Council	0300 1234 000

Education

Thurston Community College	01359230 885
Norton Pre-school	01359 232 736
Norton Primary School	01359 230 520

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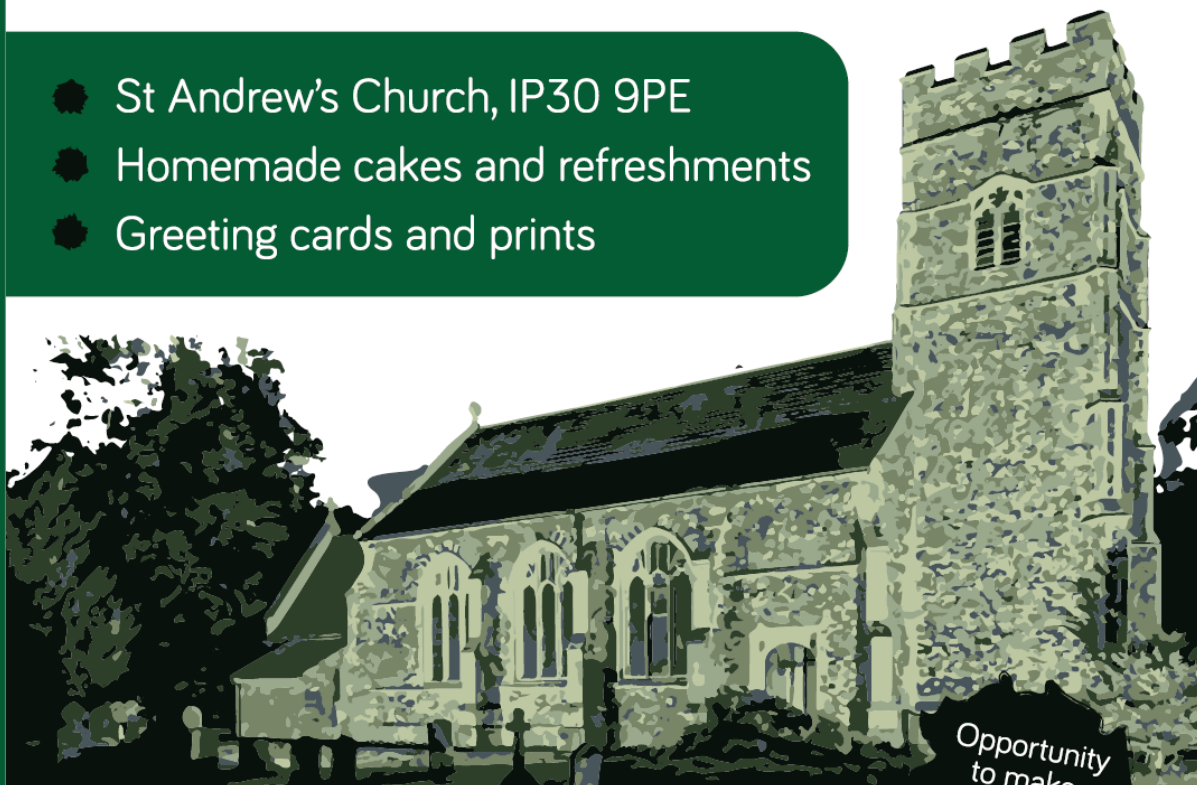
TOSTOCK 45TH ART SHOW



30th & 31st August 2025

Saturday: 10am to 6pm • **Sunday:** 10am to 5pm

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