

Oct / Nov
2024

384

Tostock Chronicle

www.tostockpc.org.uk

Get the latest on news and events, a digital copy of the Chronicle, and a village map, online

The steam engine was back for a weekend of fun and rides, and a very loud whistle !



Photo by Frances Phillips

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Coming Soon

Tostock Village Quiz— 4th October at the Village Hall at 7pm (**Sold out !**)

St Andrew's Church Christmas Bazaar—Saturday November 16th at the Village Hall from 12pm—4pm

Past & Present — Annual dinner evening on December 7th at the Village Hall from 7pm.



Regulars

Past & Present — Every 1st Tuesday of the month from 7.30 pm in the village hall

Coffee Mornings — Every 2nd Tuesday of the month from 10.30 am. In the village hall.

Bingo — Every last Tuesday of the month from 2.00 pm in the village hall

Tostock Art Show

Diane Mathews

tostockartshow@gmail.com

The village once again came together to deliver and enjoy a very successful 44th Tostock Art Show.

There was a great atmosphere at the Friday Preview Evening. Wine and tasty canapés were enjoyed by over 100 visitors whose generous donations more than covered the cost of the evening.

Seventy-seven local artists displayed over 230 artworks in St Andrew's Church and 44 of the artists sold works. A total of 63 pictures (compared to 51 in 2023) were sold. Cards, prints and photographs in the marquee also attracted a lot of attention and sales were brisk.

Feedback from artists and visitors was very complimentary. The standard was impressive and the hanging team did a great job with the display. Many people struggled to vote for their favourite painting, saying that there was just too many they liked! But in the end, artist Kerry Watson was the overall winner with her picture 'Pretty as a Peacock'.

A painting by Kevin Hugh Curtis called 'Thistles' was generously donated for the raffle prize. Kevin had been a popular exhibitor at the Art Show before his untimely death in 2009. Sale of raffle tickets totalled a record £400 and the winner, the new proud owner of 'Thistles', lives in Woolpit.



Thanks to all the brilliant volunteers for giving so much of their time and support. The transport team made sure everything was delivered and in place. The refreshment team continued to make a significant contribution serving tea, coffee, delicious cakes and savouries.

All in all, a wonderful village event which has raised money that will be shared between the Tostock Village Hall and St Andrew's Church.

Anagrams

Eagle-eyed local, Alan Barrow, spotted this in the Weeting Village Life magazine.

Strange As It May Seem -

The following are all anagrams:

DORMITORY	DIRTY ROOM
PRESBYTERIAN	BEST IN PRAYER
ASTRONOMER	MOON STARER
DESPERATION	A ROPE ENDS IT
THE EYES	THEY SEE
THE MORSE CODE	HERE COME DOTS
SLOT MACHINES	CASH LOST IN ME
ELECTION RESULTS	LIES - LETS RECOUNT
SNOOZE ALARMS	ALAS! NO MORE Z'S
A DECIMAL POINT	I'M A DOT IN PLACE
THE EARTHQUAKES	THAT QUEER SHAKE
ELEVEN PLUS TWO	TWELVE PLUS ONE
ANIMOSITY	IS NO AMITY
MOTHER-IN-LAW	WOMAN HITLER

Tostock Village Planters

In 2019 Gail Moyle came up with the idea that it would be nice if we had some planters on the four entrances to the village. These were kindly funded by the Parish Council and made by Evan Markell.

They are looked after by various residents in the village. Gail has looked after the one on Norton Road, as you turn into the village coming from Beyton, since 2019 and would now like a break.

If any one is interested in taking it on could they please contact me on 07891 467273.

Many thanks.

Sharon Markell

Poor's Estate

Sharon Markell

If there are any older residents of Tostock (must of been resident for two years) who wish to apply for the Christmas contribution, could they please contact Sharon Markell on 07891 467273 for an application form.

All enquiries are treated with strict confidence. Previous applicants need not re-apply.

Allotments

Sharon Markell

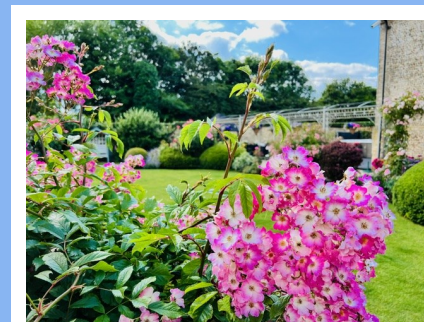
There are some plots available for rent if anyone is interested. Please contact Sharon Markell on 07891 467273 for more information.

Open Gardens 2024

Sharon Markell

I recently had a further update from Jonathon Dunn, our church Treasurer on the amount that the Open Gardens raised. The amount raised now stands at £1467.90. Once again a big thank you to everyone involved and who turned out on the day.

We hope to do it all again in 2026.



Tostock Carpet Bowls Club

Doreen Buckle

Over the the summer months we had a number of 'friendly' games - soon we will be starting the winter league games, fixtures have now been arranged. The first being a cup game against Cockfield. Some of our members take part in various Suffolk County events.

October Fixtures:

Monday 14 - Cockfield - away Knock-out Cup
Tuesday 22 - Woolpit - away

November Fixtures:

Thursday 14 - Stanton - home
Thursday 21 - Cockfield - home Knock-out Cup
Thursday 28 - Thurston - home



In July we had our annual Club Lunch at the Three Horseshoes at Cockfield which was much enjoyed.

Mobile Library

The mobile library will be in Tostock on **October 4th** and **November 1st** and **29th** at the following times

Perkins Way	15.40 - 16.00
The Gardeners Arms	16.05 - 16.25

Tostock Christmas Bazaar

ST. ANDREW'S CHURCH CHRISTMAS BAZAAR

SATURDAY NOVEMBER 16Th

At the Village Hall 12pm - 4pm

Lunches, Teas, Hamper Raffle, Books, Toys, Bric-a-Brac

Please bring items for sale to the Hall on Friday 15th, or on Saturday morning .

Jim Langlois

Tostock Chronicle's long-standing photographer, Jim Langlois, is leaving the village (and taking his camera with him). Jim has provided many lovely photos over the years, and has been a well-loved member of the Chronicle team and indeed the whole village. Winner of the prestigious ***Tostock Chronicle Staff Member of the Year 2024*** award, he will be sadly missed in the office.

We wish him and Pip well in their new abode.

Kim Mars



Tostock Tractor Parade





What's Brewing at The Gardeners' Arms

A fresh new look

The Gardeners' Arms has undergone a stunning transformation, re-establishing itself back at the heart of the village. With a complete re-brand and exterior refurbishment, the pub now boasts a vibrant and welcoming look. The updated outdoor seating area and beautiful new signage make it a stand out spot, creating a welcoming space where friends, families, and neighbours can gather and enjoy great times together. This transformation is more than just cosmetic - The Gardeners' Arms is reinforcing its commitment to being a hub for the village. While there's still a little work to do on the interior, progress is well underway. We're working hard to ensure the inside reflects the same charm and warmth as the stunning new exterior.



It's coming home...

The Tostock Crib team is making a much-anticipated return to The Gardeners' Arms. Our two teams are eager to begin, and aim to build on their past successes and enjoy another great season at their home venue. "We're excited to announce that the Gardeners' Arms Crib teams are all set and ready to kick off, and we can't wait for the games to begin". With competitive spirit and camaraderie high, it's going to be an exciting time ahead. We wish the best of luck to all our players.

An absolute blast!

We have to say a massive thank you to The Gray Project for an incredible performance at the Gardeners' Arms! The night was a smash hit, filled with funk, rare grooves, soulful vibes, and an amazing crowd.



Bardwell Tractor Run

A massive congratulations to the Bardwell Tractor Run, which raised an incredible £9,300 for charity! It was fantastic to see the tractors pass by the Gardeners' Arms, and even better to see the village come out in full force to show their support. What a great day!

£4650 will be split equally between two charities. East Anglia's Children's Hospices - EACH and Suffolk Mind.



St Andrew's Church Tostock

Benefice of Pakenham, Norton & Tostock with Great Ashfield, Hunston & Stowlangtoft

Rector Revd Katherine Valentine Tel 01359 235095

Email kavalentine677@gmail.com

Website for more details of all our churches - including Tostock - see the national Church of England website www.achurchnearyou.com

Our benefice Church magazine is also available online at www.vcnews.org.uk



MEMORIAL SERVICES SUNDAY 3RD NOVEMBER 2024

All Saints' Day is on the 1st November and this time of year is traditionally the season when we remember and give thanks for the lives of those we have loved who have died. As in previous years we will be holding Memorial and Thanksgiving Services across the benefice. During the services names will be read out and there will be the opportunity to light a candle in memory of each person, whether named or remembered in silence. Refreshments will be served afterwards.

All Memorial Service dates and times are:

St Mary's Pakenham 3pm (Stowlangtoft names will also be read at this service)

St Andrew's Norton 4.30pm (Tostock names will also be read at this service)

All Saints Great Ashfield 5pm (Hunston names will also be read at this service)

We will be sending invitations to the families of those for whom we have conducted funerals during the last two years. **However, all are welcome to come no matter how long ago you were bereaved.** In that case please let us know if you would like us to include your loved one's name/s in the service. Please contact Revd. Katherine Valentine with details (01359 235095).

(NB these memorial services are not to be confused with the Remembrance Service on November 10th when we remember those who died and suffered in war).

CONFIRMATION 2024

There will be a Deanery Confirmation at 3pm on Sunday 17th November at St Gregory's Barnham, with Bishop Tim Stevens. If anyone is interested in being confirmed, when you can affirm your baptismal vows for yourself - and you are never too old! - please contact Revd Katherine on the number or email above as soon as possible for more information or just a chat about what it involves.

St Andrew's Church Tostock

OCTOBER 6TH 19TH SUNDAY AFTER TRINITY

8am 10am	Holy Communion (BCP) Family@Church HARVEST	Norton Pakenham
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OCTOBER 13TH 20TH SUNDAY AFTER TRINITY

9.30am 9.30am 11am	Holy Communion (BCP) Morning Worship Family Communion	Tostock Great Ashfield Pakenham
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OCTOBER 20TH 21ST SUNDAY AFTER TRINITY

9.30am 9.30am 11am 6pm	Holy Communion (BCP) Morning Worship Family Communion Evensong Prayer & Praise	Pakenham Norton Great Ashfield Tostock
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OCTOBER 27TH BIBLE SUNDAY

9.30am 9.30am 11am 11am	TOAST Holy Communion Morning Worship Family Communion	Great Ashfield Hunston Tostock Norton
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NOVEMBER 3RD ALL SAINTS SUNDAY

8am 10am 3pm 4:30pm 5pm	Holy Communion (BCP) Family@Church - REMEMBERING Memorial Service Memorial Service Memorial Service	Norton Pakenham Pakenham Norton Great Ashfield
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NOVEMBER 10TH REMEMBRANCE SUNDAY

8am 10am 10:45am 10:45am 10.45am 10.45am 3pm	Holy Communion (BCP) Act of Remembrance at War Memorial Remembrance Service Remembrance Service Remembrance Service Act of Remembrance Remembrance Service	Pakenham Norton Great Ashfield Norton Tostock Stowlangtoft Pakenham
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NOVEMBER 17TH 2ND SUNDAY BEFORE ADVENT

9.30am 9:30am 11am 6pm	Holy Communion (BCP) Morning Worship Family Communion Evening Prayer & Praise	Pakenham Norton Great Ashfield Tostock
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NOVEMBER 24TH CHRIST THE KING

9.30am 9.30am 11am 11am	TOAST Holy Communion (BCP) Morning Worship Family Communion Open daily for visitors and private prayer	Great Ashfield Hunston Tostock Norton
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St Andrew's Church Tostock

Services at Romney Cottage, The Green, Tostock.

All are welcome to this informal worship where we sing and pray together for our village, and enjoy refreshments afterwards. Usually on the third Monday morning of the month at 10:00 am.

Next Meetings 21st October & 18th November at 10am



The Art Show was held on August 31st and September 1st in the Church. This was the 44th year that the Show has been held and it gets better and more interesting each year. Such an important event takes a lot of organizing and needs many helpers to make it a success, and good weather helps too ! Thanks to Diane & Phil for organizing the show, the Refreshment Ladies, the Marquee team and everyone who helped in any way. The Art Show is a wonderful time which brings people together - present residents, those who have moved away and love to come back, and new arrivals. Tostock has always had a reputation for being a friendly place where people speak to one another, something which doesn't always happen in all communities .

On August 25th the annual Pet Service took place in sunshine in the Churchyard, led by Mrs Di Barker. This is a Tostock "Special Occasion" which was attended by at least 12 well-behaved dogs and their owners, and people who came in remembrance of pets they no longer have. Each dog received a blessing and a biscuit . A very happy occasion .



On September 19th we have our 5-yearly inspection of the Church building by our architect Mr P. Orchard. A building as ancient as St. Andrew's Church is often in need of maintenance, so the PCC is often trying to raise funds with Coffee Mornings and Open Gardens.



Photo by Sue Marriott

Dates to remember !

Sunday Sept .22nd Harvest Festival at 11am, when we receive gifts of food for the Bury Refuge.

- Coffee Morning on Tuesday October 10th at 10:30am.
- Remembrance Sunday November 10th at 10:45am.
- Christmas Bazaar Saturday November 16th at 12pm.

Jeanne O'Reilly

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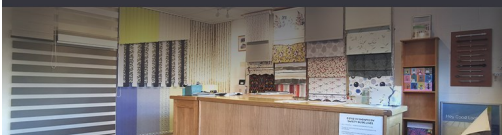
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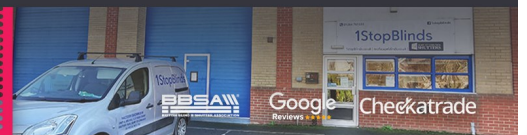
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TOSTOCK PAST & PRESENT SOCIETY

Tuesday Oct 1st 7:30pm

The fascinating History of Ticehurst
Farmhouse built in 1599. A talk by Jane Storey



Ticehurst Farmhouse is a Grade 2 listed property built in 1599. It is possibly the oldest residential property in Tostock. There have been considerable changes made over time. In this talk Jane Storey will cover 1599 to the present day: the house, the families, the farm and the farm buildings

Tuesday Nov 5th 7:30pm

Alison Brain Funding & supporting a Ugandan School



TOSTOCK VILLAGE HALL EVERYONE WELCOME

For more information please contact johnparnum@yahoo.com

Next Edition

Dec 2024 / Jan 2025

Please may I have your contributions on or
before **15th NOVEMBER**, preferably in Word format

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SECRETARY - SUSIE WALTON

COMMITTEE MEMBERS -

JOHN AND LIZ ADAMS AND NIGEL KAINES

MEMBERSHIP FEES 2022-23

FAMILY MEMBERSHIP £40

COUPLES MEMBERSHIP £25

ADULT (SINGLE) MEMBERSHIP £15

CHILDRENS MEMBERSHIP (U16S) £5

GUEST COURT FEES — ADULTS £2, CHILDREN £1

WE WOULD ENCOURAGE FEES TO BE PAID BY BACS BUT CASH AND CHEQUES ARE ALSO ACCEPTED

BANK DETAILS - ACCOUNT: 01082391 AND SORT CODE: 30-91-49
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IF YOU WOULD LIKE ANY FURTHER INFORMATION ABOUT THE CLUB OR WOULD LIKE TO CONTACT US, CALL OR EMAIL -

ELIZABETH DUNN (01359 270270) - EJD1@TALKTALK.NET
OR

SUSIE WALTON (07793 406076) - SUSIEWALTON85@GMAIL.COM

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Tostock Village Hall News

The Committee will meet again shortly on Tuesday, 24th September 2024. If you have any questions regarding the village hall and its surrounding areas, please contact us via tostockvillagehall@outlook.com

For all booking enquiries, please email tostocktvh@hotmail.co.uk

Tostock 44th Art Show

The Village Hall Committee would like to say **a very BIG Thank You** to everyone who was involved in organising this year's Art Show in Tostock. It was an amazing show and a great village weekend. We are so grateful for all of the hard work put into the show by its team of volunteers, in particular Diane, Phil and Adrian and to everyone else who helped with the set-up and running of the weekend.



Tostock Village Hall Lottery – 100 Club

ENTER NOW to be in with a chance to win one of six cash prizes at the first Quarterly Draw in December 2024!



Go to the Tostock Village website <https://tostockpc.org.uk/100-club> (which can be accessed via the QR code attached) for further information on the Lottery – 100 Club and details on how to join. We will be sending emails to anyone who has previously registered their interest to join the lottery & flyers about the TVH Lottery-100 Club will be sent to all houses within our village.

If you have any questions, please email tostockvillagehall@outlook.com



A Golden Celebration.....

We had previously discussed holding an indoor event in early November to celebrate the Village Hall's 50th Anniversary, however, after further discussion, there has been a strong preference for having an outdoor event on The Green in Spring/Early Summer 2025 instead. There will be no Open Gardens in Tostock next year, so this feels like a good time to organise an event, which will enable far more of us to get together.

Tostock Village Hall News (cont..)

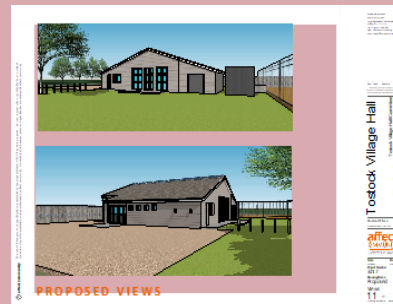
Village Hall Improvement Project ... making our hall even better for the next 50 years!

Since we last updated you, the Building Regulation application has been finalised and submitted. We are waiting for it to be approved, which will hopefully happen in the next few weeks. As part of this process, we are now also engaging a structural engineer.

As outlined above, the Tostock Village Hall Lottery – 100 club is now up and running, with the official license to run the lottery having been granted by MSDC. It will run its first quarterly draw at the start of December 2024. Entry into the lottery draw will be fixed at £13 per quarter (equating to £1 per week). This is a great way to support our community fundraising efforts for the Village Hall Improvement Project, whilst also having a chance to win one of the six cash prizes that will be available in each quarterly draw. Further information on how to join is outlined on the notice above.

The application process for both local and national grants remains ongoing and will, hopefully, be able to gather a lot more pace once the Building Regulations are in place.

If you have any questions regarding the improvements that we hope to make to the hall, please do not hesitate to email us via tostockvillagehall@outlook.com



Tostock's Big Annual Village Quiz

Tostock Village Hall, Friday, 4th October 2024, 7pm – Quiz starts at 7.30pm

FULLY BOOKED

We are looking forward to getting together for our fun village quiz to help raise community funds for the Village Hall Improvement Project. Remember your team's tickets include a **cheese platter & biscuits; a bottle of red & white wine per table, plus a glass of Fizz on arrival. A charity Bar will also be available.**



We kindly ask ALL to respectfully remember to

KEEP DOGS ON LEADS AT ALL TIMES

when walking through or using Tostock Village Hall's paths and playing fields with their dogs.

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The Pub

I do enjoy
a night at
the pub



I don't enjoy
the morning
after



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CHRISTINGLE SERVICE FAMILY@CHURCH SUNDAY DECEMBER 1ST 10AM AT ST MARY'S PAKENHAM

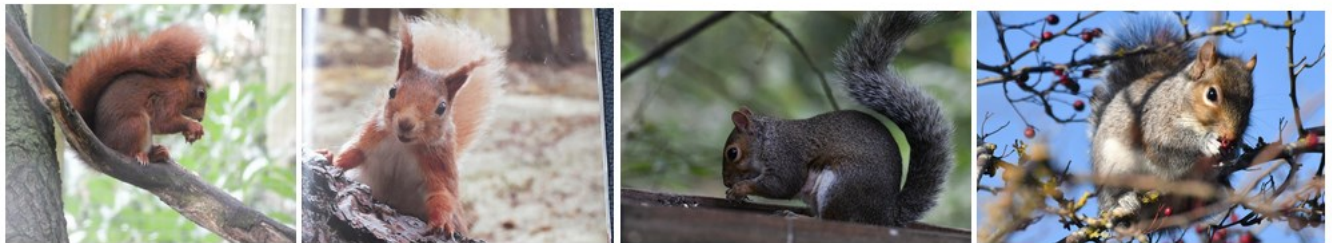
All are welcome to this joyful service which for many marks the beginning of Advent and Christmas season. In aid of The Children's Society.



Each element of a Christingle has a special meaning and helps to tell the Christian story -

The orange represents the world
The red ribbon (or tape) symbolises the love and blood of Christ
The sweets and dried fruit represent all of God's creations
The lit candle represents Jesus's light in the world, bringing hope to people living in darkness.

Seeing red. Red v grey. Red rum. Red alert. No we're not talking football here or the Euros not even the Grand Nationals, but, the race to save our native Red squirrels. All of this you may have now gathered that I'm nuts about our adorable Red Squirrels, and would dearly love to see them spreading back all over East Anglia where they use to be. I am not so sure about the Greys however, they are fascinating at times, especially when they creep up close to you, and the fact that they are very acrobatic. With their bright rusty fur red squirrels are one of our most characteristic natural species and certainly a site to see. Their range is limited to a few areas across the U.K, with concentrated populations in Northern England, Scotland, parts of Wales and the Isle of Wight. You can see red squirrels at some of the RSPB reserves, including Abernethy, Haweswater, and Brading Marshes – I recommend going during Autumn when they start foraging for nuts to store over winter. Factfile – although its numbers are dwindling, the shy and illusive red squirrel (*sciurus vulgaris*) can sometimes be seen in the tree top canopy throughout winter, a loner by nature, only meeting others to mate or share a “drey” nest. It is smaller than the grey squirrel and has ear tufts, which moult each autumn and then grow back larger for winter. Male and females are almost identical. Diet – mostly seeds, including those from pine, larch and spruce cones, fungi, shoots, and fruits of shrubs and trees and sometimes birds eggs. In winter they eat food they've stored just below the ground or the gaps of tree trunks. Life cycle – Large dreys are built in the forks of tree trunks. Mating starts in late winter, with usually 3 young, called kittens, born from March onwards, a second brood is occasionally produced. Females bring up their offspring. The young are weaned off their mothers milk after 8-12 weeks by which time they've developed a complete set of teeth. The red doesn't hibernate and store fungi in trees to eat over winter, it can live up to 6 years in the wild. Habitat – typically conifer woodland, although it will come into nearby gardens for food, such as peanuts. At risk they are estimated to be only 140,000 red squirrels left in Britain, compared with more than 2.5 million greys. Its main threats are grey squirrel disease which is (squirrel pox virus), transmitted by greys and road traffic. Predators include birds of prey and the Pine Marten, and domestic cats in urban areas. If you wanted to see a red squirrels tomorrow, locally, the place to go would be Kelling heath campsite or Pensthorpe Natural Park both in Norfolk and both in captivity and not in the wild but part of a breeding programme to release them back into the wild. Here are some of my photographs – both of reds and greys.



Indeed everywhere in Britain where reds still have a paw hold, time is running out. Greys have finally arrived and passed on the deadly squirrel pox virus which kills most reds that contact it within a couple of weeks. Now however, woodland lovers, timber growers and conservationists are teaming up to turn the tide. A 3,000 strong volunteer army has signed up for protection duty with the U.K. Wildlife Trust. They will report sightings of encroaching greys and spread the word about why our native red is worth saving.

It's not just about who scores higher on the cutie pie index. Yes, it's true that our tidy little reds are the squirrels your parents would have approved of. Greys build big bad-hair-day nests, whereas reds make a perfectly round drey that looks like a football sized ambassador's chocolate – a knobbly dash of twigs, with a smooth lining of grass and moss with just enough space for tufty in the middle, and maybe a tufty kitten or two. But the Woodland Trust's big beef with greys is their love of vandalism and sheer weight of numbers. It puts them out of kilter with a habitat so different from the American woods they evolved in. Grey squirrels were imported from North America in the 1870's by rich Victorians to add variety to their estates, and in 154 years since nothing has halted their march. So come on you reds – up with the reds, reds you win Score reds 1 v greys 0.

Tostock Parish Council



Parish Council report – 10th September

The Parish Council heard reports from our County Councillor, Andy Mellen. He had been asked to report to the Parish Council about repairs to roads in Tostock, particularly after the heavy traffic volumes with the A14 closures over the last two years. He advised that there had been no funding received from National Highways despite every effort to demonstrate the challenges we have faced. He later confirmed that Suffolk County Council had been looking to address some of the deterioration which has occurred, starting next month, and they will focus on Tostock, Woolpit, Beyton, Drinkstone, Rougham and Gedding.

Much of the damage has been haunching – where the verge is eroded rather than the road surface itself – and this is relatively low down on the repair schedule so anyone with spare soil is welcome to fill in these holes. Repairs to the highway itself should be reported on the Highways Reporting Tool, HRT, on the SCC website. <https://highwaysreporting.suffolk.gov.uk/>

Council insurance was discussed. A report had been produced by the Clerk and it was noted that he had put in a lot of hours investigating cover and seeking alternative quotes. It was agreed that insurance cover would be maintained with the current provider, CAS Ltd.

Budget for the year was reported on and the cost of the Chronicle was discussed. It is time for advertisers to renew for the coming year. It was felt that one page per village organisation should be sufficient and a total of 16 pages in total would be ideal.

Planning applications that had been granted were noted and a planning application in Wood Close was discussed. No objection was raised but councillors asked if alternative lighting and window options could be looked into, to maintain the privacy for neighbouring properties. Anyone with a hedge that is encroaching over the pavement is asked to cut it back. Some areas within the village are so overgrown that it is difficult to stay on the path and impossible for a push chair or a wheelchair user.

Tostock Events



Contacts in our Community

Tostock Parish Councillors

Jane Storey (Ch)	jane-storey@btconnect.com
Roger Cross (VH)	roger.cross64@icloud.com
David Blundell	tostock.design@btinternet.com
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Julian Kearsley (Finance)	juliankearsley@btinternet.com
Glenn Lebbon	glenn@oakparkproperties.co.uk
Andy Sharkey	andyshark123@yahoo.co.uk

Village Officers

Parish Clerk	Doug Reed	clerk@tostockpc.org.uk
Tree Officers	Becky Smith	07813 273474
	Ben Smith	07989 330649
Footpath Officer	Andy Sharkey	andyshark123@yahoo.co.uk
Litter Picker	Oliver Holland	

Poor's Estate

Sharon Markell	01359 271190
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St Andrews Church

Rector		
Katherine Valentine	kavalentine677@gmail.com	01359 235095
Church Wardens		
Jeanne O'Reilly		01359 270337
Barney Harrison	barneybees@hotmail.com	
Bell Ringers	Sue Marriott	01359 270143

Village Hall

Chair		
Graham MacDowell	crispincottage@hotmail.com	
Hall Bookings		
Doreen Buckle	tostocktvh@hotmail.co.uk	01359 270605

Clubs

Bingo	Diane Brewer	01359 271127
Book Club	Julie Harrison	01359 270247
Brownies	Krystie	07975 556448
Carpet Bowls	Doreen Buckle	01359 270605
Cribbage	Jim Debenham	07932 619106
Crochet	Sarah Reader	reader-family@tiscali.co.uk
Past & Present	John Parnum	johnparnum@yahoo.com
Rainbows	Krystie	07975 556448
Tennis Club		
Elizabeth Dunn	ejd1@talktalk.net	01359 270270
Susie Walton	susiewalton85@gmail.com	07793 406076

Village Map

<https://tostockpc.org.uk/our-village/tostock-village-map/>

TostockPC Website

Tom Whitman	tostock.website@gmail.com
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More details and the latest up to date information can be found on our village website.

www.tostockpc.org.uk

Community Services

Emergency Police/Fire/Ambulance 999

Utilities

Energy power failures & Emergencies	08007 838866
Anglian water	08457 145145

Health

Woolpit Health Centre	01359 240298
Out of Hours	111
West Suffolk Hospital	01284 713000
BMI Hospital	01284 701371
St Nicholas Hospice	01284 766133

Advice

Relate	01284 767305
Samaritans (free call)	116 123
Drugs Hotline	0800 253 253
Citizens Advice Bureau	01284 753675

Police

Non-emergency	101
Crime Stoppers	555

Councils

Suffolk County Council	03456 066067
Mid Suffolk District Council	0300 1234000

Education

Thurston Community College	01359230885
Norton Pre-school	01359 232736

Pub

The Gardeners Arms	
Martin & Claire Page	01473 354 758

Leisure

Cineworld	0330 3334444
Theatre Royal	01284 769505
Apex	01284 758000
Picture House	01284 754477
Everyman Cinema	01233 555642

Travel

Bus Timetable	www.suffolkonboard.com
Rail	0845 7484950
Dial a Ride	01440 712048

The Tostock Chronicle is a bi-monthly newsletter for the people of Tostock, published by the Tostock Parish Council, and partially funded by advertising

TOSTOCK PAST & PRESENT SOCIETY

Invite you to an evening
of Live Music and Meal

Saturday December 7th @ 7pm
Tostock Village Hall
EVERYONE WELCOME!

Lasagne, bread stick & salad followed by dessert
Vegan, vegetarian and gluten free available
but must be ordered in advance

Soft drinks, tea, coffee all included
for other drinks please bring your own



Tickets £15 per person
Please contact John Parnum before Nov 19th

johnparnum@yahoo.com 07855260669